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2022-2025

UPHS-Portage

Community Health Improvement Plan

- Houghton County, Michigan -

Paper copies of this document may be obtained at UP Health System - Portage, 500 Campus Dr., Hancock, MI 49930 | (906) 483-1000 or via the hospital website <http://www.UPhealthsystem.com>

TABLE OF CONTENTS

Overview..... 03

Community Health Improvement/Implementation Plan 05

Overview

About UPHS-Portage



UP Health System – Portage supports a multi-specialty medical community of over 40 physicians, and over a dozen allied health professionals, and has been serving the Western Upper Peninsula of Michigan since 1896. The main campus is a 36-bed hospital, a verified chest pain center through the Society of Cardiovascular Patient Care (SCPC) and possesses the area’s only Open Bore MRI. UP Health System – Portage was home to the first Level III ACS (American College of Surgeons)-verified trauma center and emergency department in the state.

Other services include a dedicated physician for hospital stays, cardiopulmonary, arthroscopic surgery, emergency orthopedics, sports medicine, x-ray & diagnostics, advanced wound care center, certified sleep disorder center, two Express Care walk-in clinics, regional dialysis unit, pharmacy, 64-slice CT scanner, nuclear imaging, 3D mammography, radiological and laboratory services, rehab, home care and hospice, and a 60-bed senior living community.

Community Health Improvement Plan

This document is a hospital facility-specific Community Health Improvement Plan (CHIP) for UPHS-Portage.

The Community Health Needs Assessment (CHNA) defines priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of the community served by UPHS-Portage (Houghton County, MI). This document is the UPHS-Portage Implementation Plan outlining how the hospital plans on addressing significant health needs in the community. The CHNA is contained in a separate document.

-  Starting on May 1, 2023, this report is made widely available to the community via UPHS-Portage's website, <https://www.UPHS-Portage.com/>, and paper copies are available free of charge at UPHS-Portage.
-  UPHS-Portage's Board of Directors approved and adopted this Implementation Strategy on April 25, 2023.

To successfully make our community healthier, it is necessary to have a collaborative venture which brings together all of the care providers, citizens, government, schools, churches, not-for-profit organizations and business and industry around an effective plan of action. The community health needs assessment was completed previously and posted on UPHS-Portage's website.

Based on the results of the CHNA, UPHS-Portage has selected three of the identified significant health needs to address.

1. Access to care
2. Mental health
3. Healthy Eating/Active Living
4. Social Determinants of Health
5. Substance Use Disorder

UPHS-Portage plans to meet the Access to Care significant health need by:

1. Increase providers in the community
 - Expand telehealth opportunities
2. Address childcare shortages to retain current work force

Anticipated Impact:

1. Increase access to care in the community
2. Increase childcare availability in our county

The programs and resources the hospital plans to commit to address the health need:

1. Staff time and monetary resources to the recruitment of physicians and service lines
2. Staff time and monetary resources to address the childcare shortage

UPHS – Portage will collaborate with:

1. Existing community physicians
2. UPHS - Marquette
3. Upper Great Lakes Family Health Center
4. Portage Health Foundation

UPHS-Portage plans to meet the Mental Health significant health need by:

1. Increase availability of behavioral health professionals
 - Add TelePsych services in our Emergency Department
 - Add an Emergency Department Case Manager position
 - Work with local colleges and universities to increase training of mental health professionals (MSN, BSN, psychologists, MSW, Psychiatrists)
2. Develop infrastructure to support mental health education and services
 - Work with community partners to support mental health services
 - Add mental health to the UPHS – Portage Health & Safety Fair

Anticipated Impact:

1. Increase mental health access in the county
2. Coordinate efforts throughout the county
3. Decrease the stigma of mental health

The programs and resources the hospital plans to commit to address the health need:

1. Increased staffing in the Emergency Department
2. Human and monetary resources to develop programs and resources

UPHS – Portage will collaborate with:

1. All mental health resources in the county
2. Portage Health Foundation
3. Upper Great Lakes Family Health Center

UPHS-Portage plans to meet the Healthy Eating/Active Living significant health need by:

1. Conducting regular health education events
 - A Healthier You
 - Heart Health by the Numbers
 - Health & Safety Fair
 - Lunch & Learns along with evening presentations
2. Conduct regular events focused on moving the body
 - Great Bear Chase
 - SiSu Shuffle
 - UP Power Invitational
 - Community Track Night
 - ACES Day (All Children Exercising Simultaneously)
 - Canal Run
 - Turkey Trot
3. Offer discounted gym memberships at the Portage Fitness Center to community members

Anticipated Impact:

1. Improve overall health knowledge
2. Increase physical activity

The programs and resources the hospital plans to commit to address the health need:

1. Staff time and monetary resources

UPHS – Portage will collaborate with:

1. Partners throughout the community
2. Local schools

UPHS-Portage does not intend to address the following significant health needs:

Due to resource limitations, we are not addressing alcohol consumption as well as key social economic opportunities. UP Health System – Portage will continue to collaborate with community leaders and contribute to improvements in this area as our resources and expertise allows.

Community Health Improvement Plan for Houghton County

Completed by UPHS-Portage in partnership with Stratasan

